

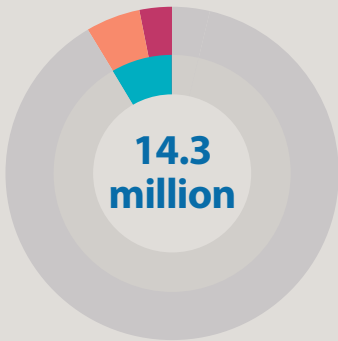
HOUSEHOLD FOOD INSECURITY IN CANADA, 2017/2018

Household food insecurity exists when there is a compromise in **the quality or quantity of food consumed** (moderate food insecurity) or there is **reduced food intake and disrupted eating patterns** (severe food insecurity).

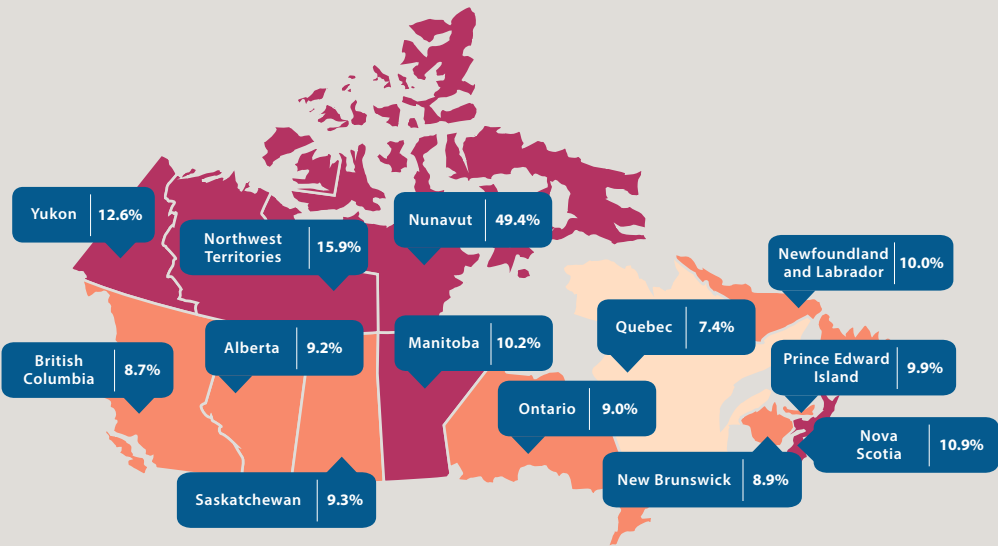
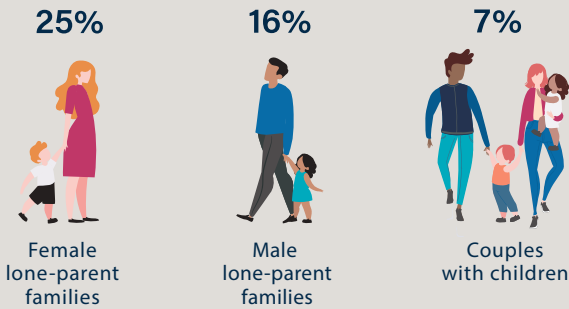


1.2 million of 14.3 million households experienced food insecurity

- Food insecurity: 1.2 million households
- Moderate food insecurity: 820,000 households
- Severe food insecurity: 430,000 households



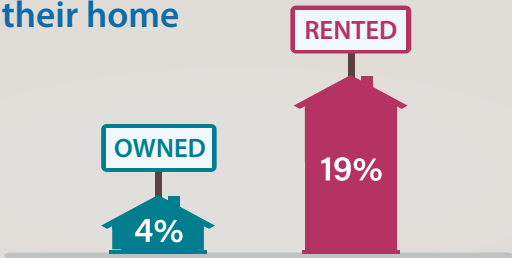
One in four **single-mother households** experienced moderate or severe **food insecurity**



Compared with the national average (8.8%), moderate or severe food insecurity was highest in **Nunavut**

- Lower
- Similar
- Higher

Households that **rented** their home were **five times** more likely to experience moderate or severe food insecurity than households that **owned** their home



One in five households that relied on **government benefits** as their main source of income were moderately or severely **food insecure**



Source: Canadian Community Health Survey – Annual Component, 2017/2018.
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Catalogue number: 11-627-M
ISBN: 978-0-660-32552-1