

HOUSEHOLD FOOD INSECURITY IN CANADA, 2017/2018

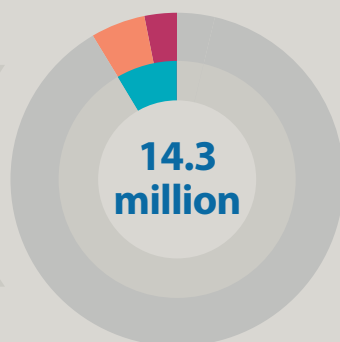
Household food insecurity exists when there is a compromise in **the quality or quantity of food consumed** (moderate food insecurity) or there is **reduced food intake and disrupted eating patterns** (severe food insecurity).



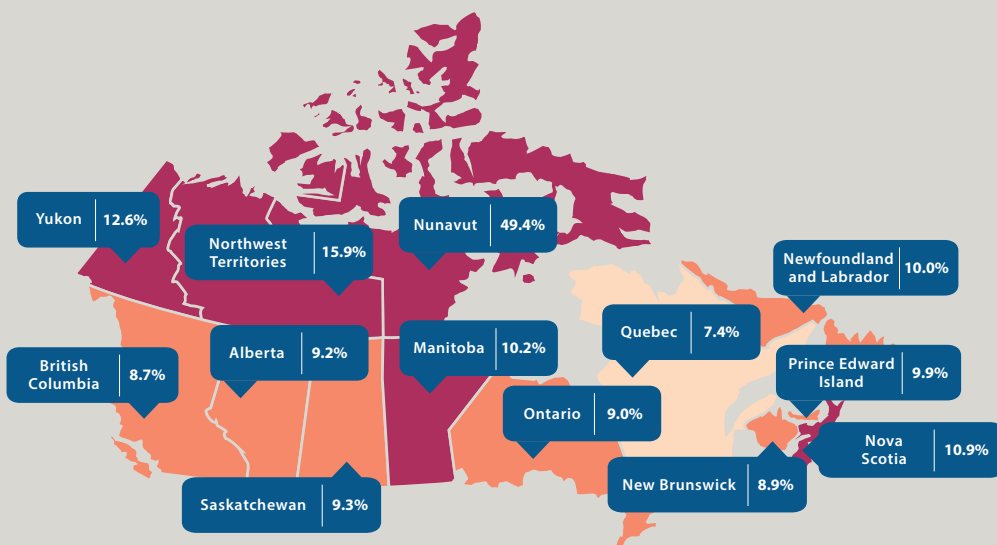
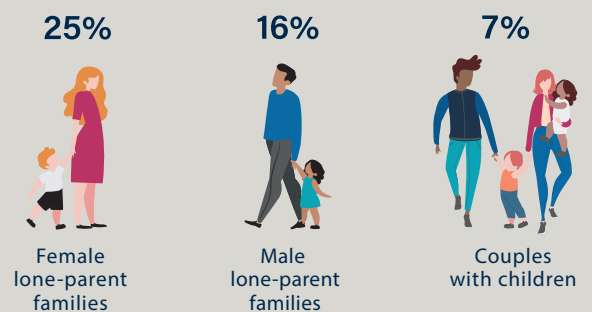
2017/2018

1.2 million of **14.3 million** households experienced food insecurity

- Food insecurity: 1.2 million households
- Moderate food insecurity: 820,000 households
- Severe food insecurity: 430,000 households



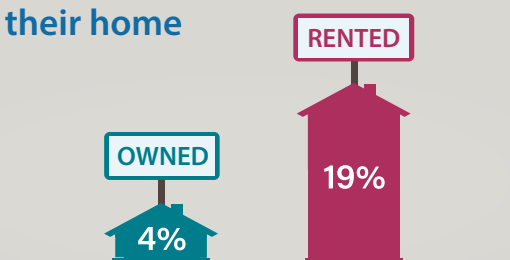
One in four **single-mother households** experienced moderate or severe food insecurity



Compared with the national average (8.8%), moderate or severe food insecurity was highest in **Nunavut**

- Lower
- Similar
- Higher

Households that rented their home were five times more likely to experience moderate or severe food insecurity than households that owned their home



One in five households that relied on government benefits as their main source of income were moderately or severely food insecure



Source: Canadian Community Health Survey – Annual Component, 2017/2018.
© Her Majesty the Queen in Right of Canada, as represented by the Minister of Industry, 2020

Catalogue number: 11-627-M
ISBN: 978-0-660-32552-1